



## Respite at Home

### Overview

The aim of the Respite at Home service is to provide temporary relief to the informal caregiver who is taking care of a senior citizen at home. The Respite at Home service will provide: companionship, socialisation and/or personal care within the senior citizen's home. Personal care includes but is not limited to bathing, dressing, feeding and toileting.

### What you'll get

This service offers a qualified care worker who will stay at home with the senior citizen to provide the informal caregiver a temporary break from the caregiving, whilst the dependent senior citizens continue to receive the care in their own environment.

- **Full Week (from Monday till Sunday) for 24 hours.** Package can be used after a 6 week break period between one package and another, up to 3 times a year
- **Full Week (from Monday till Sunday) from 08:00hrs till 17:00hrs.** Package can be used after a 6 week break period between one package and another, up to 8 times a year
- **2 days per week for a period of 7 weeks.** Days of the week are to be chosen by the client/relative and will be fixed for the 7 weeks of the service provision. Package can be used again after a 2 month break period, up to 4 times a year
- **2 days per week with 4.5 hours each day** for a duration of 1 whole year
- **1 day per week for 9.5 hours once weekly** for a duration of 1 whole year
- **Single Respite ONE OFF Interventions (Day or Night)** – 3 Single Respite Days. Package can be used up to 3 times a year

### Eligibility

General eligibility criteria:

- Senior citizens over 60 years of age, who live in a private residence and are dependent on their informal caregiver
- Having dementia and severe cognitive and/or behavioural problems, with a tendency to become confused in an unfamiliar environment
- Senior citizens who are difficult to transport from one place to another and/or have difficulty to leave their own home

- Senior citizens requiring special/specific necessities which cannot be provided in a residential respite facility
- Senior citizens having immune system problems or that require isolation from others

CommCare assesses and reviews each applicant and retains the authority to decline any inappropriate referrals. CommCare is responsible for the delivery and the frequency of the service.

### **Documentation required**

General documentation:

- A medical report signed by a general practitioner

### **How to apply**

Fill in and submit the application [online](#).

### **Suggestions, Recommendations and Complaints**

In case of suggestions or complaints kindly click [here](#).