



## Physiotherapy Service

### Overview

The Physiotherapy Service is aimed at helping a senior citizen reach his maximum potential so as to enjoy independent living to the best possible level. The physiotherapist who forms part of a team of Allied Health Professionals, will provide therapy and rehabilitation advice/training to address any problems related to mobility.

### What you'll get

A detailed mobility assessment.

Manual therapy and exercise programmes.

Advice/training on the correct use of mobility equipment when indicated.

Advice/training to those caring for a senior citizen where needed.

### Eligibility

General eligibility criteria:

- A senior citizen residing in Government Residential Homes or forming part of the Public Private Partnership Scheme
- A senior citizen living in his own home and who for health reasons; frailty or for accessibility reasons cannot leave the house. In certain cases, the physiotherapist may need to visit the senior citizen in his own home environment

### Documentation required

General documentation:

#### (Domiciliary physiotherapy)

- Medical Report signed by the general practitioner
- List of Prescribed Medications (if applicable)
- Should the senior citizen be receiving other services (e.g. home nursing), an Information Note from such would be required

#### (Physiotherapy within Residential Homes)

- A Referral Form which is completed by the nurse or other qualified staff in the residential home

### How to apply

Fill in and submit the application [online](#).

This service is free of charge.

### Suggestions, Recommendations and Complaints

In case of suggestions or complaints kindly click [here](#).